

Q & A with Coach Corin Uviedo

Q: How long have you been coaching field hockey?

A: Seven years, but for Annandale two years.

Q: Did you play field hockey before teaching it?

A: I did, I played for the Atoms in high school, I played in college for Bucknell University, and then I played in Argentina internationally.

Q: How did you discover your interest in field hockey?

A: I started my freshman year in high school, the season was half way through and one of my friends approached me and I just fell in love.

Q: What made you want to coach field hockey?

A: I just wanted to give back to the sport that's given me so much and the high school that's given me so much.

Q: Do you do anything with field hockey in the off season?

A: Yes, I coach indoor field hockey, spring field hockey, and then over summer we coach summer field hockey. So we're field hockey all around.

Q: How do you prepare for a new field hockey season?

A: Just evaluate the players, kind of decide what are goals are for that season, and we go from there.

Q: What is one thing you love about coaching?

A: I love when I can see the girls learn new skills and gain confidence in themselves.

Q: What are your strengths as a coach?

A: I think I'm very passionate about having the kids learn, I like to keep things fun, exciting, and mix things up.