

Player Profile: Patrick Lee

As cold weather and winter break approach, winter sports such as wrestling begin. Players and coaches are extremely excited for the new season. The mat room is finally able to be put to use and wrestlers are feeling better than ever. One wrestler in mind is junior Patrick Lee. Lee also plays football and lacrosse and this is his third year wrestling here at AHS. The varsity squad produced an impressive 12 regional qualifiers and four state qualifiers last season, with Patrick being a state qualifier within the 182 weight class. He had an excellent record last year, going 13-2 with 13 consecutive wins.

Patrick believes this season could be his best yet, as he has prepared all offseason to become the best he can be.

Q: How did you discover your interest in wrestling?

A: As a kid, my dad took me to youth practice and I really enjoyed it.

Q: What are your strengths as a player?

A: I have experience and can use that as an advantage when I go up against someone.

Q: How do you prepare for a new season?

A: I prepare for a new season by going on a diet.

Q: What are your best and worst memories as a player?

A: My best memory was getting the information that I qualified for states and my worst memory was having to cut weight for the first time.

Q: How long have you been wrestling?

A: I started when I was six years old, so 10 years.

Q: Did you do any wrestling in the offseason?

A: I attended practices at hayfield to stay in shape.

Q: How do you prepare for a new season?

A: I prepare for a new season by going on a diet so I can drop to my desired weight.